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ABSTRACT

Every child has "ornery" moments, but more than 1 in 20 American children exhibit behavioral problems that are out of control. This book was written to help parents struggling with an unyielding or combative child. The book's eight-step program emphasizes consistency and cooperation, promoting changes through a system of praise, rewards, and mild punishment. Part 1 of the book, "Getting to Know Your Defiant Child," contains chapters: (1) "Is Something Wrong with My Child?"; (2) "Why Is This Happening to My Family?"; (3) "What Should I Do about It?"; and (4) "Words To Live By: The Foundation of Better Behavior." Part 2, "Getting Along with Your Defiant Child," contains chapters detailing the eight steps of the program: (5) "Step 1: Pay Attention!"; (6) "Step 2: Start Earning Peace and Cooperation with Praise"; (7) "Step 3: When Praise Is Not Enough, Offer Rewards"; (8) "Step 4: Use Mild Discipline--Time-out and More"; (9) "Step 5: Use Time-out with Other Misbehavior"; (10) "Step 6: Think Aloud and Think Ahead--What To Do in Public"; (11) "Step 7: Help the Teacher Help Your Child"; and (12) "Step 8: Moving toward a Brighter Future." The book's appendix contains a checklist to help evaluate whether your child has conduct disorder. A list of resources concludes the book. (EV)

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